# deals

February 28-March 26, 2024





Mary's Gone Crackers **Organic Real Thin Crackers** 



**Endangered Species Chocolate Bar** (selected varieties)

## Splash into spring savings

**KeVita Organic Sparkling Probiotic Drink** (selected varieties)

15.2 oz



**Harmless Harvest Organic Coconut Water** 

16 oz



**Uncle Matt's Organic Organic Orange Juice** (selected varieties)

52 oz



Farmer's Market **Organic Pumpkin** 

15 oz

**Butter** 



Kerrygold



umpkin Puree

**Pacific Foods Organic Broth** (selected varieties)

32 oz

Lily's

9 oz



**Canyon Bakehouse Gluten Free Bread** 

18 oz



**Bob's Red Mill Almond Flour** 

(selected varieties)

**Chocolate Baking Chips** 



16 oz



Daiya **Deluxe Mac & Cheese** (selected varieties)



10.6 oz

**Muir Glen Organic Tomatoes** (selected varieties)





**Lotus Foods Rice Ramen** (selected varieties)

2.8 oz

**Crown Prince Natural Smoked Oysters** (selected varieties)

3 oz

**Muir Glen Organic Pasta Sauce** (selected varieties)

23.5 oz



CROWN PRINCE

Maya Kaimal **Organic Everyday Dal** (selected varieties)



10 oz

San-J **Organic Tamari Soy Sauce** 

**\$4**9

10 oz



## **Creamy Tomato Pasta**

25-35 MIN • SERVES 4-6 • VEGETARIAN

#### **INGREDIENTS**

1-pound orecchiette pasta (or sub your favorite pasta)

3 tablespoons olive oil

1 small yellow onion, diced

3 large garlic cloves, minced

1 teaspoon dried oregano

1 teaspoon dried thyme

½ teaspoon crushed red chili flakes

½ teaspoon sea salt

1/4 teaspoon ground black pepper

½ cup heavy cream

28 ounces canned diced tomatoes 1 ½ cups shredded parmesan

#### **DIRECTIONS**

- 1 Cook pasta based on package instructions. Drain and set aside.
- 2 Meanwhile, heat oil in a large skillet over medium heat. Add onion and sauté until onions are translucent. Add garlic and cook for another minute.
- **3** Add tomatoes, oregano, thyme, chilies, salt and black pepper. Bring to a gentle simmer for 10 minutes.
- 4 Remove tomato sauce from the heat and fold in heavy cream, parmesan, and pasta.



**Once Again Nut Butter Organic Tahini** 



**EPIC Snack Strip** (selected varieties)



0.8 oz



DW-GMO



**Bubbies Sauerkraut** 



**Bubbies Kosher Dill Pickles** 

25 oz

33 oz



For over 40 years, Bubbies has created pickles, sauerkraut, relish, and horseradish using family recipes and real ingredients. Whether you are recreating meal traditions or crafting fresh takes on classic foods, you can trust timeless quality-because only the best comes from Bubbies kitchen.

Kettle **Potato Chips** (selected varieties)



**Good Health Avocado Oil Potato Chips** 

5 oz



**PUR** Gum



Pancake & Baking Mix



Pamela's

UNREAL **Chocolate Bars** 

**Grain Free Cookies** 

3.4-4.2 oz

Siete



Larabar Fruit & Nut Bar (selected varieties)



1.6-1.7 oz



Newman's Own

**Sandwich Cremes** (selected varieties)



13 oz









**Birch Benders Organic Pancake & Waffle Mix** (selected varieties)



**\$**\_\_\_29

14-16 oz

Simply Organic **Organic Ground Cinnamon** 

2.45 oz

Yoqi Tea (selected varieties)



16 ct

**Purely Elizabeth** Granola (selected varieties)

8-12 oz

**Enjoy Life Foods Chocolate Chips** (selected varieties)

9-10 oz

St. Dalfour **French Fruit Spread** (selected varieties)

10 oz

Lakewood **Pure Cranberry Juice** 

32 oz

Zevia Zero Calorie Soda

6 ct



Let's Do...Organic **Organic Coconut Flakes** 

**7** oz

Wholesome **Organic Powdered Sugar** 

1 lb

**Peter Rabbit Organics Organic Baby Food Pouch** 

(selected varieties)

4-4.4 oz

GT's **Organic Alive Ancient Mushroom Elixir** (select varieties)

16 oz

Vita Coco **Coconut Water** (selected varieties)

500 ml







PETER RABB ORGANICS

Wholesono





**Organic Valley Organic Butter** 

16 oz 13 oz

**Organic Valley Organic Ghee** 

**Organic Valley Organic Cream** Cheese

8 oz



Put some spring in your culinary creations with Organic Valley. High quality, delicious dairy that is ethically sourced from small organic family farms. This is dairy you can feel good about.

nutpods **Dairy-Free Creamer** (selected varieties)

11.2 oz



Califia Farms **Better Half Creamer** 

16.9 oz



**Almond Breeze Almondmilk** 

64 oz



## **Curry Beet Salad**

4 HRS 20 MIN • SERVES 4 • GLUTEN-FREE, VEGETARIAN

#### **INGREDIENTS**

2 pounds red beets 2 ounces baby arugula ½ cup walnuts, toasted 1 tablespoon honey ½ cup crumbled feta or 2 ounces herbed goat cheese

1/3 cup avocado oil 3 tablespoons rice vinegar ½ tablespoon curry powder 1/4 teaspoon sea salt

#### **DIRECTIONS**

- 1 Preheat oven to 350°F. Place whole beets in a deep baking dish and cover with water. Cover and bake for 2-4 hours or until beets are knife tender, depending on the size of the beets.
- 2 When beets are tender, drain and submerge in cold water. Remove skins and set aside to cool
- **3** To prepare salad, chop beets and place in a mixing bowl. Add arugula, walnuts, and feta or goat cheese. Whisk together avocado oil, rice vinegar, honey, curry powder, and salt. Pour over salad and toss. Adjust seasoning to taste and serve.



**Organic Valley Organic Feta Cheese** 

8 oz

**Green Valley Creamery Organic Lactose-Free Cream Cheese** 





Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy-using time-honored techniques and the finest ingredients to make our awardwinning, phenomenally vegan, plant-milk butter and cheese.



Miyoko's **Organic Cultured Vegan Butter** 

8 oz

(selected varieties)

**Plant-Based Protein** 

Gardein

Miyoko's **Organic Vegan** Mozzarella

MiYOKO'S

PLANT MILK MOZZARELLA

**Forager Project Organic Cashewmilk Yogurt** (selected varieties)

**\$499** 



24 oz

**Vital Farms Pasture-Raised Large Eggs** 



12 ct

**Feel Good Foods** Gluten Free Egg Rolls



9 oz

8.8-13.7 oz

gardein. meatballs

**Bonafide Provisions Organic Bone Broth** 

(selected varieties)

**Organic Cinnamon Rolls** 

24 oz

**Immaculate** 



**Perfect Bar Organic Protein Bar** (selected varieties)



Van's Waffles

8-9 oz



17.5 oz

GoodPop

**Cosmic Bliss Organic Dairy-Free Frozen Dessert** (selected varieties)

14 oz



**Organic Frozen Pops** 

(selected varieties)

9.9-10 oz



2.3 oz

**Trace Minerals** ConcenTrace Trace Mineral Drops **American Health Original Papaya Enzyme Chewable**  Carlson **Cod Liver Oil** 

**\$**3399



250 tab

ORIGINAL PAPAYA ENZYME

500 ml



**Garden of Life Dr. Formulated Probiotics Gummy** 



**Nordic Naturals** Omega-3



60 vcap

60 ct



60 ct

8 oz

Vibrant Health **Green Vibrance**  Yerba Prima **Psyllium Husks Powder**  **Andalou Naturals Shampoo or Conditioner** 



12 oz



WellBetX

11.5 oz



11.64 oz

**DERMA E Anti-Wrinkle Renewal Cream** 



**Biokleen** 

**Bac-Out Stain & Odor Remover** 



8 oz

Herbatint



The Grandpa Soap Co. **Bar Soap** 



**Permanent Hair Color Gel** 

4.56 oz



32 oz



3.25 oz



# everyday

### Products with everyday low prices.

## Spring baking made easy



Organic Canola Oil

32 oz



**Organic All-Purpose Flour** 





Organic Unsweetened **Coconut Milk** 

13.5 oz



**Organic Light Unsweetened** Coconut Milk

13.5 oz



Organic **Vegan Buttery Spread** 

13 oz

Prices may vary by location



INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

> For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

